Quantified-Self Endpoints

GET api/foods/:id

* This route lets you see a specific food with its attributes

GET api/foods

* This route lets you see all of the foods in our database

POST api/foods

* This route lets you add a new food to the database

PUT api/foods

* This route lets you update a specific food’s attributes

DELETE api/foods/:id

* This route lets you delete a specific food from the database